



## *Perfect Little Spa and Salon*

### **Gift Certificates**

Our gift certificates can be purchased for any services, products or dollar amount. For your convenience you may purchase gift certificates over the phone. We accept Visa, MasterCard, Discover and American Express. We will gladly mail you or the recipient the gift certificate at no additional cost. Questions? Feel free to contact us at 651-645-7655 or [info@plspa.com](mailto:info@plspa.com)

### **Hours of Operation**

(Hours vary depending on service provider)

**With certain spa services we may be with a guest and unavailable to answer the door. To guarantee availability please call ahead. When calling, feel free to leave a message and we will get back to you as soon as possible.**

**If you are making your first appointment, please read through our "Tips to Enhance Your Visit."**

### **Contact Us**

For appointment information or questions, feel free to contact us.

651-645-7655  
[www.plspa.com](http://www.plspa.com)  
[info@plspa.com](mailto:info@plspa.com)

Student Discount \$5 off on Services totaling \$32 or more  
Ask about our \$5.00 referral gift

[www.plspa.com](http://www.plspa.com)

### **Tips to Enhance Your Visit**

**Appointments...**When making a reservation a credit card number will be required and will incur a 100% cancellation fee if we do not receive the appropriate notice of cancellation.

**Reserving your next appointment...**To guarantee availability for your next appointment, please schedule prior to leaving the spa/salon.

**Cancellations...**To better serve clients on our cancellation list, we require a 24-hour cancellation notice. Spa packages and groups of two or more require a 48-hour cancellation notice. Groups of three or more will require a seven day cancellation notice and a non-refundable deposit upon booking. If we do not receive the appropriate notice of cancellation you will incur a 100% cancellation fee.

**Children...**We request that children ONLY be brought into the spa/salon when receiving a service. Please keep children under the age of twelve supervised.

**Cell phones/pagers...**We ask that cell phones and pagers be switched off, allowing for a stress-free environment.

**Check in...**Spa clients should arrive 5-10 minutes prior to their appointment.

**What to wear...**clients should wear comfortable clothing.

**Gratuities...**For credit card transactions, gratuities are at your discretion through our credit card system.

**Payment...**Personal checks, cash, Visa, MasterCard, Discover and American Express are accepted

**Returns...**Returns or exchanges on products are accepted within 30 days of purchase with original receipt. An in-house credit for product will be given.

**Parking...**Street parking is available.

**Gift Certificates...**Certificates are available in any denomination and are considered a dollar amount and can be used for any service. No cash refund on gift certificates.

**Thank you!**

*Perfect Little Spa and Salon*



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2301 Como Ave. Suite 102  
St. Paul, MN 55108  
651-645-7655

[www.plspa.com](http://www.plspa.com)  
[info@plspa.com](mailto:info@plspa.com)

## **List of Services**

651-645-7655

### Massage

We offer Relaxation (Esalen), Deep Tissue, Cancer Pre and Post Natal, infant and Geriatric (therapeutic). All massages include Aromatherapy and Hot Stones.

**Focus Massage (30 min) \$40**

Massage concentrating on particular area:

Neck/shoulder, legs, hips, feet

**Spa Massage (60 min) \$65**

Customized full body massage: *Includes Hot stone*

**Perfect Massage (90 min) \$92**

Customized full body massage with stretches

**Chair Massage (30 min) \$45**

**2 hour massage (120 min) \$130**

*Massage is taxable at the 7.25% St. Paul Rate*

### Reiki

Reiki addresses imbalances in the body and addresses chronic and acute conditions, gently and powerfully promoting balance in the body's system. Regenerates mind, body, and soul.

**60 minute treatment \$65.00**

**90 minute treatment \$92.00**

### Acupuncture and Chinese Herbal Medicine

Acupuncture can treat a variety of conditions including pain, digestive disorders, stress/anxiety, chronic illness, or women's issues. It helps balance the body by treating blockages, deficiencies or excesses. These disharmonies interfere with the healthy smooth function of the body and can result in acute or chronic medical conditions or simply feeling unwell.

**Acupuncture First Visit (90 minutes)...\$75**

**Acupuncture Return Visit (60 minutes)...\$60**

**Herbal Formulas (if advised)...\$17**

Average cost for 2 week supply

### Makeup application and education

**Makeup application and education by professional makeup artist Ben Lamb**

**Day makeup...\$45**

**Special event/evening...\$65**

**Bridal makeup (day of) includes 1<sup>st</sup>**

**Consultation...\$110.00**

**Commercial and Photography makeup...\$80**

**Professional lessons...\$90**

*Day rates upon request*

### Haircut and Hair Color

Haircut (scalp massage)...**40**

Shampoo/Style...**30**

Child Haircut...**\$28**

Bang Trim...**\$8**

Beard Trim ....**\$15**

Specialty Style/Updo-starts at...**\$50**

Retouch-starts at...**\$60**

Custom Color-starts at...**\$75**

Highlights-starts at...**\$85**

Perm-starts at...**\$95**

Customized Hair Treatment-starts at...**\$32**

*Improve or repair hard to manage, damaged or dry hair. Treatments will leave hair strong and adds a healthy shine.*

Extra color charge for long hair (shoulder length or below) **\$15**

Extra change for multiple colors - **\$12 per color**

### Enhancements

**Eyelash Extensions**-For semi-permanent, natural looking, beautiful lashes. Eyelash extensions are water resistant and last for weeks.

**Consultation and initial application \$250**

**Maintenance is \$30 per 15 minutes**

### Ear Candling

Ear candling has been shown to help with ear aches, frequent colds, and hearing difficulties.

**2 candles (45 min) \$42**

**4 candles (60 min) \$57**

### Salt Scrubs and Mud Wraps

Exfoliate your skin with a Salt Scrub. Detox and condition with a Mud Wrap.

**Salt Scrub...\$60**

**Mud Wrap...\$75**

**Salt Scrub and Mud Wrap...\$120**

### Ionic Foot Bath Detox

30 minute Treatment in a foot bath that pulls the toxins from your body through the feet.

**30 minute session...\$35**

**Buy 3 and get 4<sup>th</sup> free...\$105**

### Waxing

Waxing is a temporary method of hair removal, which removes the hair from the root.

**Lip, chin or cheeks...\$10**

**Nose or Ears...\$8**

**Eyebrow...\$15**

**Hand paraffin \$10**

**Foot paraffin \$13**

### Massage Series

**Buy 9 and get the 10th service free.**

Services are recommended to be scheduled no more than one month apart. Punch cards will be provided for verification. Valid for 60 min. or greater services.

### Spa Parties

Looking for a new and exciting way to celebrate your next special occasion? Call us to set up your own customized Spa Party. Spa parties are also available after hours. Packages available.

We recommend and use Wyndmere Essential Oils, Soaps, Lotions, and Anointing Oils.

Revised 11/2011: Prices subject to change